



JULY 2020 NEWSLETTER

Welcome back!

We hoped you stayed safe over the COVID-19 break. Belmont Squash courts are now back up and running full steam ahead and are looking forward to seeing you fit and ready to get back to playing Squash.

We have been taking extra measures to make sure the courts are a safe environment for you all and have taken extra cleaning measures. We also ask you stay keep your social distancing (2m where possible) and sign in when you arrive. There is also hand sanitiser at the counter for your convenience. We also ask that if your feeling unwell to please keep those nasty bugs at home.

We have some new changes to the club!

- 1) We have had a new hot water system put in. So now we can enjoy those nice hot showers, especially after the cold weather we have been having.
- 2) You will also notice we have some new security cameras that have been installed to keep us all safe and sound.

We also have some new operating hours.

Monday	2:00 pm - 8:00pm
Tuesday	2:00pm - 8:00pm
Wednesday	10:00am - 8:00 pm
Thursday	2:00pm - 8:00pm
Friday	2:00pm - 6:00 pm
Saturday	10:00am - 2:00 pm
Sunday	10:00am - 4:00pm

Please note that all bookings are essential to guarantee you get a court for the time you would like.

Please also note that effective the 20th of July 2020 we will be having a small price increase on our Court Hire prices. New prices are as follows:

Off peak times

Monday, Tuesday, Thursday between the hours of 2pm - 4 pm is \$22 per hour
Wednesday between the hours of 10:00am - 4:00pm is \$22 per hour
Saturdays between 10:00am - 2:00pm is \$22 per hour
Sundays between 10:00am - 4:00pm \$11 per player

Peak times

Monday- Thursday between the hours of 4:00pm to close of business is \$28 per hour
Fridays between the hours of 2:00pm - 6:00pm is \$28 per hour

Pennant/ league players

Day league \$12 per player
Pennant players \$13 per player
Night league \$13 per player

THINGS HAPPING IN OUR CLUB

Just a reminder about some off the fun things to do around our amazing club!

King of the Court

The King of the Court is currently running on Monday, Wednesday and Thursday nights at 6:45pm - 8:30pm. This is great for those players who would like to come have a few hits and for any of you that would like to get some training in before the league and pennants start.

Monday nights

Monday nights is our lovely ladies' night. This is a night for the ladies to get their exercise, let their hair down and have some social, fun time away from those nagging husbands and kids. 😊 We have many ladies playing in this comp of all levels of squash from those who are just starting out to some who have been playing for many years. We start at 7:00pm sharp. Once all players in the team have played their match we have a cheeky glass of wine, delicious supper and a social chat as well. If you don't want to be up too late we do offer a 'Play, Ref and Go' option if you need to get back to your loving home and family.

If you would love to join our fabulous ladies night please see the friendly front desk staff for more details. This season nomination forms need to be submitted before the 13th of July.

Thursdays

Thursdays we run a seniors club. This is for those lovely ladies and gents who would like to come down between the hours of 2-3 pm for a friendly game and then a delightful afternoon tea afterwards. All for the low cost of \$13.

Fridays

Fridays is our fun and friendly junior squash. This is run by the fabulous Katy Scott. She runs this program during the school terms for a low cost of \$8 per player, which includes the following:

- Squash racket hire so they can let out some steam on those bouncy squash balls.
- A bouncy squash ball (because we need something to actually hit)
- 1x pair of safety glasses (because we need to protect those young eyes)
- Court hire (because we need walls and somewhere to hit the ball)
- Coaching (so they can get some tips on how to become Australia's next top squash player)

This is great for those energetic kids that need someone thing to do/try. Everyone is welcome to come along and have some fun. For more information please leave details at the front desk and our lovely Katy will get in contact with you.

Please note: juniors will not start back up until the new school term starts.

In the meantime we are offering Monday -Thursday between 3 - 5pm for \$5 dollar a session.

With this please note that parents/guardians need to be present to watch or play with the kids. If you come along to play on court with them we will also charge you just \$5 dollars to play as well.

Saturdays

Saturdays we do a skills and drills session from 10:00am to 12:00pm

This is for those players that want to work on there skills and improve there game.

This costs \$13 dollars per player.

Sundays

Sundays we now are open for you to play. We are offering a great deal for a low cost of just \$11 you can play for as long as you like! How great is that? Please make sure you book to avoid missing out on this great opportunity.

Membership

We are now offering yearly membership to anyone who would love to join our club (if you know anyone who you think would love this please let them know). There are some great benefits that come along with the membership, that include:

- 20% of squash gear, rackets, balls and grips (excludes sale items)
- \$10 skills and drills, our in house comps and play as long as you can Sundays (normally \$13 for non members)
- Discount on Court Hire
Off peak \$20 (normally \$22)
On peak \$26 (normally \$28)
- Also get invites to our social events and monthly newsletters so you can keep up with what's happening in our club.

Refreshments

Our fridge is now stocked with some amazing refreshments for you to purchase. This also includes some snacks as well. We are also now selling coffee pods for our espresso machine for the low cost of \$2 each pod (wow, that's a cheap cup of coffee). Please see our front of house staff to purchase these refreshments.

COACHING

We are lucky enough to be able to run some coaching sessions at the club, with Sue Hiller. Details can be found on a flyer at the back of this newsletter. For further information contact our Front Desk team.

COMING SOON TO OUR CLUB...

We will soon have 24/7 access to our club! This means we will be able to play squash at anytime we wish. Bookings will be essential. More details will be available soon.

We also now have our website up and running head over to www.belmontsquashclub.com to check it out. From this website you are also able now do online bookings!

In addition, please like and follow our Facebook page for specials and events. This is updated regularly and a great source of information.

Hope to see you all at the courts and getting ready to become fighting fit (even if it is freezing cold and wet outside). It will be good to loose that all those nasty Covid-Kilos!

Kind regards
Chantelle Garrett



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Introduction to Squash – Commencing the 22nd July till 12th August

- Group session
- Suited to beginners
- 4 week program
- Wednesday evenings 6:30 – 7:30pm
- Group limited to 6
- ONLY \$15 p/person per week

Individual Coaching – Commencing the 22nd July

- Structured to any ability level
- Wednesday evenings 7:30 – 8:30pm
- One-on-one (a couple/friends will be accepted if at same level)
- ONLY \$60 per session + court hire

Introduction to Squash – Commencing the 16th September till 7th October

- Group session
- Suited to beginners
- 4 week program
- Wednesday evenings 6:30 – 7:30pm
- Group limited to 6
- ONLY \$15 p/person per week

** You can book into as many options as you wish.*

*** Full course payment to be made in advance*



MEET THE COACH:

Sue Hiller (nee Carter) has won the WA State Squash Open Championship over eight times, with the first win dating back to 1988. In addition, she has also won her age division in the Australian Masters Championship over four times. Sue has been selected several times to represent Australia in the Trans-Tasman Test Team (TTT). She recently held the title of the World Masters Squash age champion (Johannesburg 2016). Sue is a great coach and we are lucky to have been able to secure her expertise at Belmont Saints Squash Club for these coaching sessions.